



So, you believe you CAN'T draw

Do these easy 9 Steps to change your mind.

The Baby Steps to Drawing Success Play-Book* PDF

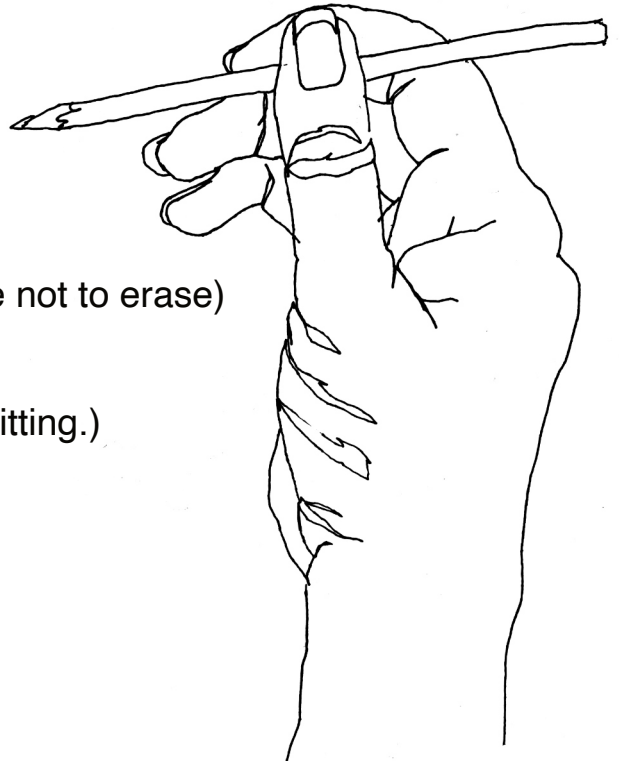
What you need to play along:

Print out this Play-Book

A pen (a pencil is okay as long as you promise not to erase)

About 1-5 minutes of your time for each step

(Do one step a day or the whole thing in one sitting.)



**A workbook has no place in drawing or any art.*

Let's get back to the joy of play with a Play-Book

You CAN draw!

As a matter of fact, *everyone* CAN draw if they want to, and I am about to prove it to you in 9 easy steps.

So please play along and join me in this wonderful, playful way to have fun and open up your mind to more possibilities in your life.

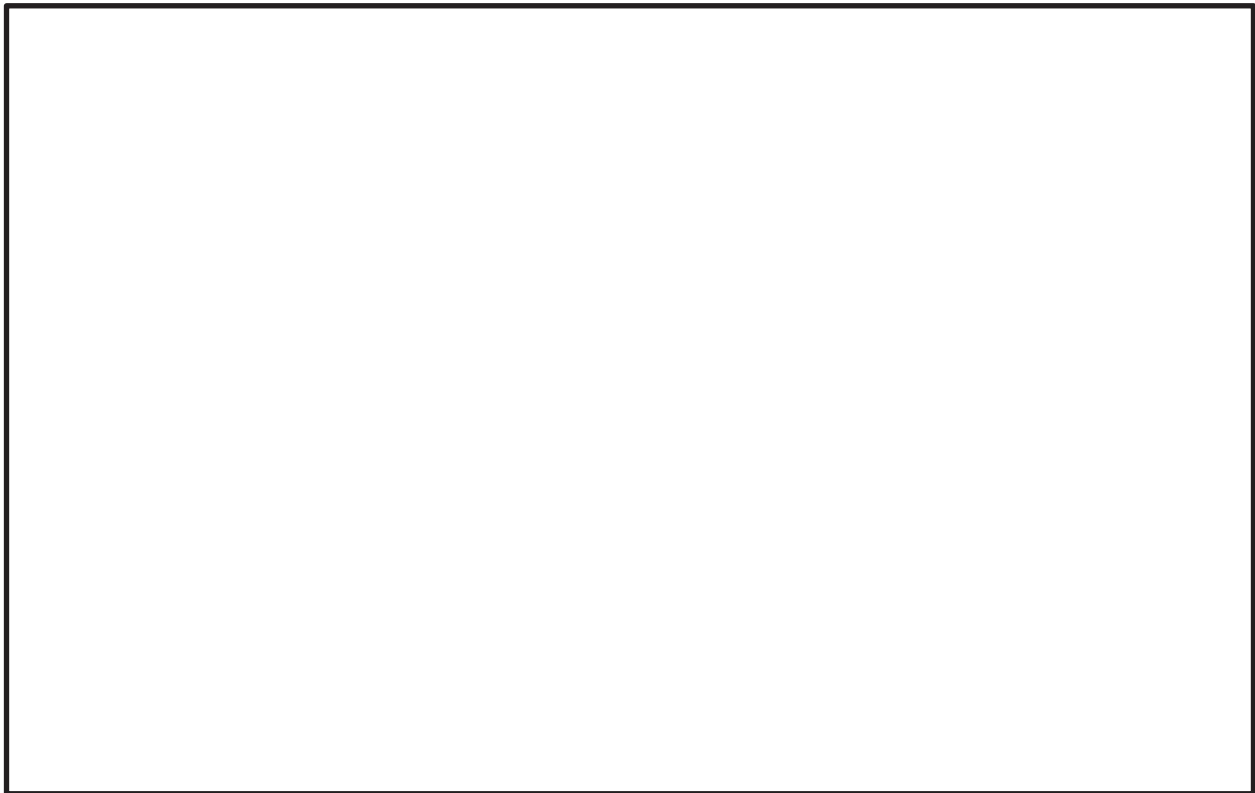
For those of you who like to journal your experiences I've included spaces where you can put your notes.

Also, record the date that you are starting this Play-Book so that you can look back on your journey to drawing success.

“I started drawing on _____ - _____ 20_____”

Step #1

In the box below place your pen on the paper, anywhere at all, and ***pull*** it around the whole space making whatever marks appear as just a random doodle. DON'T think, just ***pull*** randomly. Really fill the space up.



What you see is that "pulling" a pen is what the word "drawing" really means. Doodles are drawings that don't "represent" anything, they are fun, and that is all that matters.

If you would like to watch videos of all the ideas presented visit my Baby-Steps to Drawing Success Playlist on Youtube.com:

<https://www.youtube.com/@KimVictoria-Artist>

Playful thoughts: "to draw" means "to pull" Write as many phrases as you can using the words draw and drawing that have nothing to do with art. For example: draw bridge, drawing a winning name, draw to a close, drawing water from a well. What else can you think of?

Step #2

In the box below ***pull*** your pen to write your signature.

What you see is a "drawing" that represents your name and is unique to the way you move your hand to create it. Every time you sign your name you are drawing.

Playful thoughts: When you think of "drawing," you are probably thinking about its artistic meaning of creating a representational and recognizable depiction of a person, place, animal or thing, and you feel intimidated and unsure of yourself. By the time you get to Step 9 you WILL be drawing very simple things. Don't put a lot of pressure and expectations on yourself. You didn't learn to drive in just one lesson. Be patient with yourself, have fun, play, and you will be surprised at what you CAN draw.

Step #3

In the box below ***pull*** your pen to print letters of the alphabet and numbers. Make some large and some small, some upper case and some lower. No words, just random letters and numbers. Overlap these symbols. Turn the paper sideways and upside down for some. Have fun. Use a separate sheet of paper and really fill it up this way.

What you see are "drawings" that are symbols for sounds that can be constructed into words. Words *are drawings* that represent things, concepts or people.

Playful thoughts: Words and numbers are frequently used by graphic designers and artists *as* motifs or design elements without regard to any other meaning; they become, simply, drawings. *YOU* have been drawing letters and numbers almost your entire life.

Personal Insight: In Steps 1, 2 and 3 you created types of "drawings." Write a note about realizing that you have been "drawing" your entire life but didn't call it that. How do you feel about that?

Step #4

In the box below *pull* your pen to print LARGE letters that are made of simple, straight lines: A, E, H, K, L, M, N, T, V, W, X, Z



What you see is that you just drew straight lines. These straight lines are short and easy to make but they **ARE** straight lines. You didn't know you could draw straight lines, did you!?! Well, you **CAN**. The next step will make it easy to draw long straight lines.

Step #5

In the boxes below place your pen on Point A, then LOOK at Point B and ***pull*** your pen to Point B while ***ONLY looking*** at Point B. You are ***aiming*** at Point B. On a separate piece of paper put your own points A and B and practice aiming while you draw a line. (If you are a leftie then pull from B to A.)

A•	•B
A•	•B
A•	•B
A•	•B
A•	•B
A•	•B
A•	•B

What you see is that it is much easier to draw longer straight lines when you look at the *destination* for the end of the line and not where the pen is touching the paper. This is the trick to drawing straighter lines. If you want perfection then use a ruler or straight-edge, but drawing isn't about that kind of perfection. Have fun drawing straight lines.

Bonus Tip: *Lightly* touch your hand on the paper while you do this, which will feel more like *floating* than dragging. This might take some practice if you are used to laying your hand heavy on the paper and only using your fingers to move a pen. (Use any scrap paper to practice "floating" your hand.) Engage your whole arm so that you loosen up and improve your pulling.

Watch Baby Steps to Drawing Success Day 2 to see what I mean:

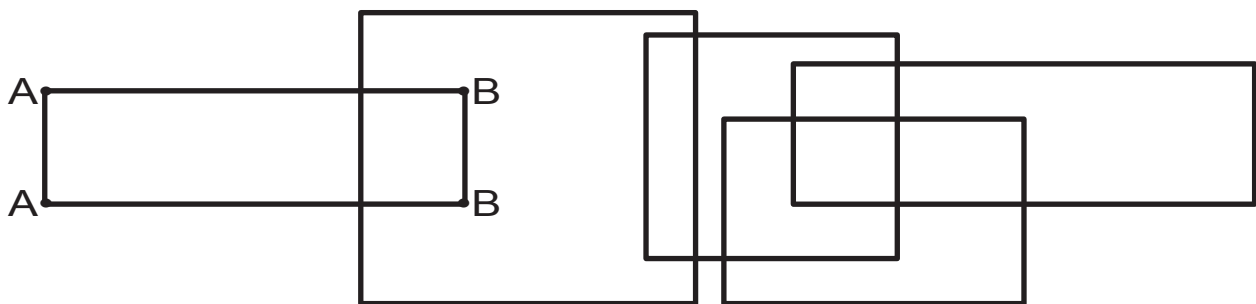
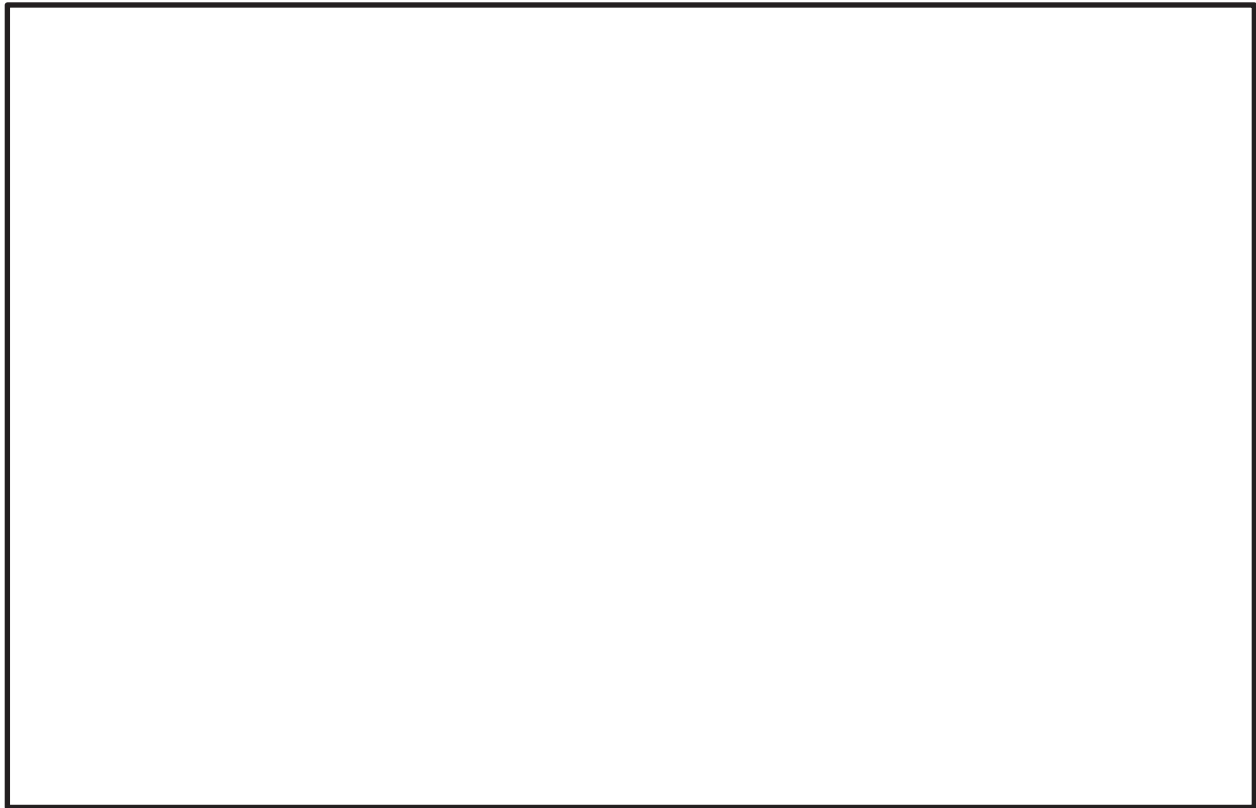
<https://youtu.be/A-hLxSZdH0k>

Personal Insight: A lot of people think they cannot draw straight lines without realizing that they already do. In Steps 4 and 5 you drew straight lines and discovered that you actually can. Write a note about what that was like.

Step #6

In the box below **pull/draw** boxes. A box is made of 2 horizontal lines and 2 vertical lines. Overlap square-ish boxes and rectangular boxes (see example).

Remember to place your pen at a corner but then **LOOK** to the next corner and **AIM** for that point as you pull.



What you see and experience is the power of "aiming" to draw a line, and also the ease of creating a shape. The box shape is very useful for drawing many, many things, even animals and people - you will be surprised! Be casual about this. You are not striving for perfection here, simply experience making the shapes.

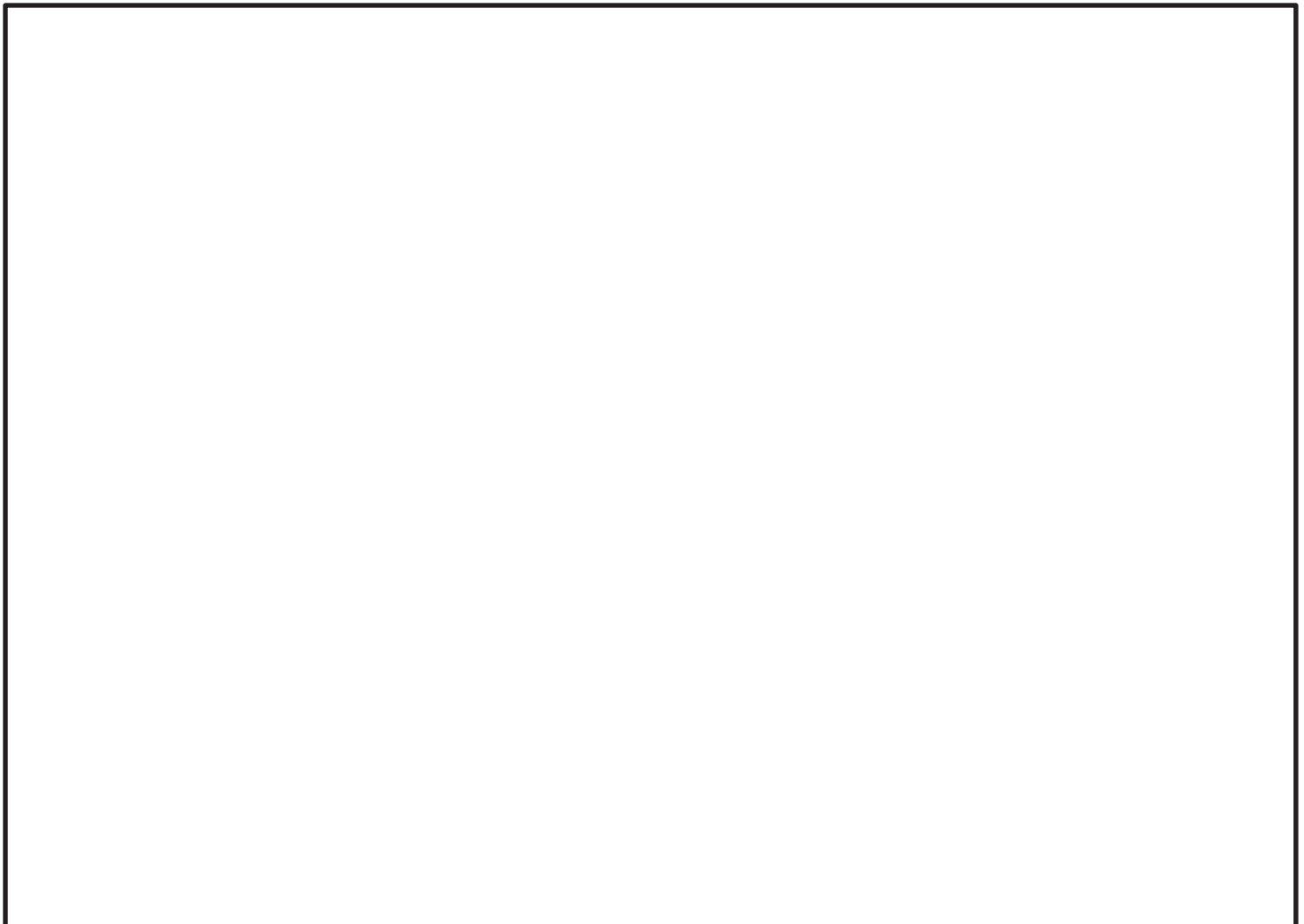
Bonus Tip: Pull diagonal lines across your box shapes from corner to opposite corner - you now have triangles too.

To see a video demo of this go to my Youtube link: https://youtu.be/i_cAb21shAQ

Personal Insight: You just drew some shapes that were easy to draw. Write a note about what that experience was like.

Step #7

In the box below use your new ability to draw boxes to see things in your environment that look like boxes and **pull/draw** one or more of those objects. Look for bookcases, cabinets, furniture, picture frames, etc. (Don't worry about it being exactly right.)



What you see is that there are a lot of very simple shapes in the objects around you. When you can **see** the simple shapes it is easier to draw them.

Playful thoughts: Simplicity is the key to all drawing. Always start with the simplest lines and the simplest shapes and save details for much later. For inspiration look for 20th century art that ONLY depicts simple lines and shapes. Mondrian is a great example of a highly successful artist that created works using only horizontal and vertical lines. Search for "mid 20th century artists" and "cubism" on the internet.

Personal Insight: You just did a drawing of an object. Write a note about how it feels to have actually drawn something you never drew before.

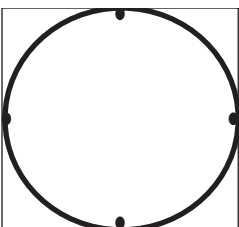
Step #8

Follow the steps below, one by one, using what you've already learned so that you can ***pull - draw*** circles and ovals.

- Draw a box.
- Don't measure, just eyeball where you see the center of the horizontal and vertical lines and make a dot.
- Now place your pen at a dot and AIM for the next dot while drawing a curve. Repeat from that dot to the next and so on. You may rotate the paper to make it easier. This will feel awkward at first, so don't worry, you just need a little practice.
- Draw a bunch of these boxes enclosing circles and ovals. Also do half circles and half ovals. (See example) Use a separate piece of paper for more practice.

To see a video demo of this go to this Youtube link: <https://youtu.be/1eOfD9qMcm4>

To see a video demo using this tip to draw a flower go to this Youtube link: <https://youtu.be/pIHliF5cLQ0>

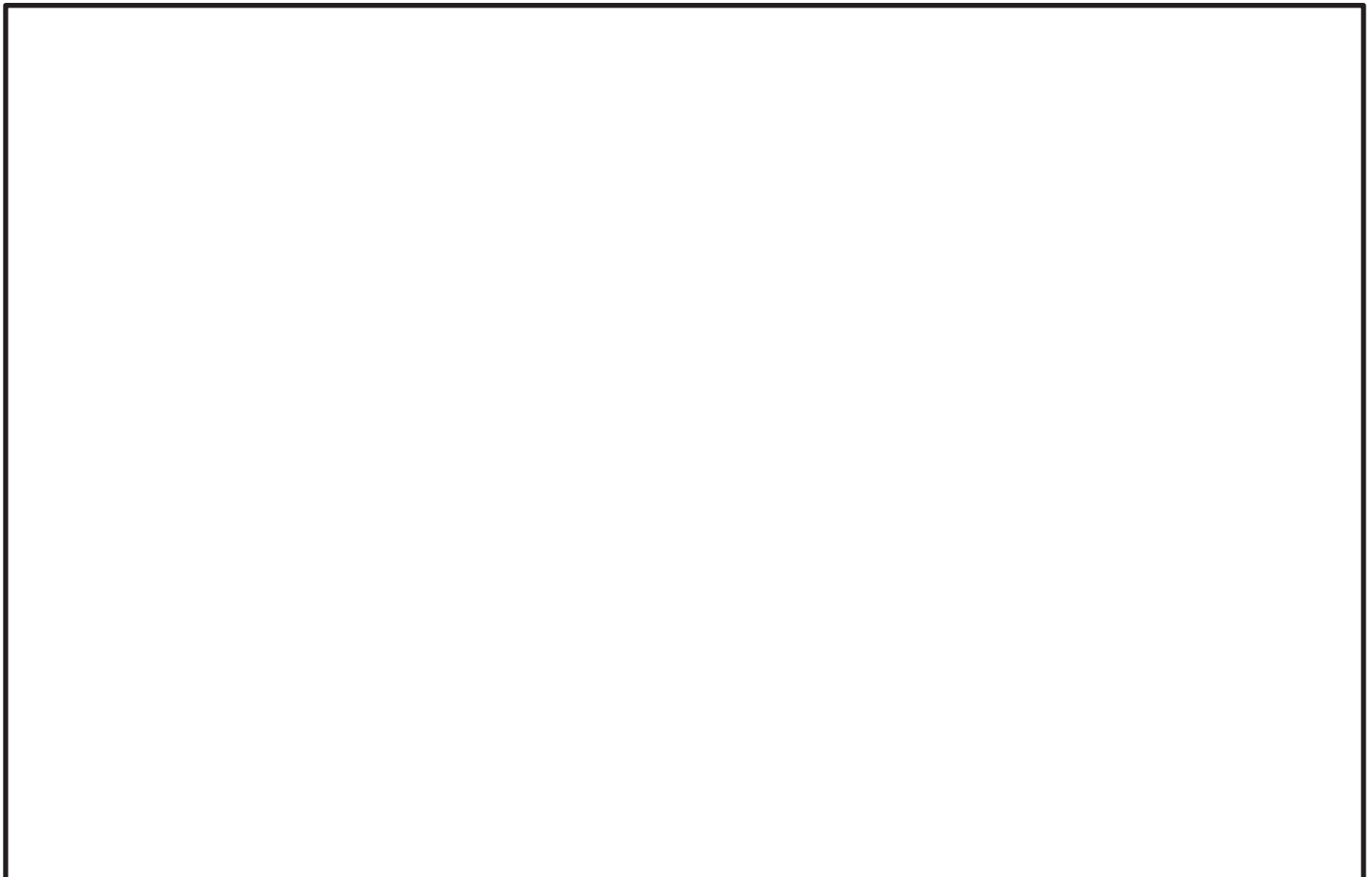


Playful thoughts: When you want to draw a curve, a circle, or an oval, by starting with the invisible enclosing box it is easier to get a more accurate curve. When doing an actual drawing of an object you would use a very light pencil line to draw the enclosing box as the way to see your curved shape. After some experience you would only need to aim at a dot and not need the visible box anymore.

Personal Insight: You just did drawings of circles and ovals, shapes you will use over and over again. Write a note about your feelings and experience.

Step #9

In the box below ***pull - draw*** an object in your environment that combines horizontal, vertical, diagonal and curved lines. This could be as simple and small as a cup or mug or as large as a china cabinet, maybe even your car as seen from the side. Remember to see the simple overall shape, the enclosing box, and ignore the details, which you are not ready for yet. Don't look at the object from an angle. Sit so that you see it as very simple boxes and curves.



I recommend these excellent and timeless books on drawing:

- Drawing on the Right Side of the Brain, by Betty Edwards
- The Natural Way To Draw, by Nicolaïdes
- Drawing Without Fear, by Robert Regis Dvorak
- Experiential Drawing, by Robert Regis Dvorak

Remember, too, that drawing can simply be play, a fun activity that calms the mind, slows your heartbeat, and provides a focus for inner peace. The key to attaining that inner peace is to give yourself permission to enjoy the process without judgement, and possibly with some humor. Coloring counts as a kind of drawing too. Play!

*** See Like A Fine Artist

I teach the concept of seeing the true nature of things, including seeing relationships, in all my courses, both live and online. The easiest way to be aware of when I release a course is to subscribe to my newsletter (if you haven't already) by going to www.KimVictoria.com

What you can expect in the Creative Play Newsletter:

- Art as play - creativity in your every day
- Explorations into all the different ways you can create
- Overcoming emotional and mental blocks that can get in the way of creativity
- Eye candy ideas
- What I am doing as a creative
- Free PDFs, other Play-Books
- Philosophy of creativity (my personal musings)
- Art classes and courses as they come available
- ONLY one email per week (because your in-box is full enough already)

Would you please email me with your thoughts - I would really appreciate it.
support@KimVictoria.com Thank you!

I hope you've enjoyed this Play-Book for those who believe they can't draw. You may share it freely as long as you keep it intact, no alterations, and leave the contact information so that others can find me.

I would love to hear from you with your feedback.

Was this helpful, interesting, enlightening?

Email me at: support@KimVictoria.com

Wishing you lots of fun as you explore your own creativity.
Kim Victoria

Was this fun? Was this helpful? Please consider helping me continue to offer free shares like this: <https://ko-fi.com/kimvictoria>

Final thoughts

I love to help people see the world with new vision, new perception, and fresh awareness.

One of my most influential painting teachers would say:

"if you can see it you can paint it."

This also applies to drawing:

"If you can see it you can draw it."

What is interesting is that most people lose their ability to see in an inquisitive way, which is essential to be able to draw and paint. (I will be writing more about why that is in my blog.) I, too, lost this way of seeing until I got master-classes.

Now I want to help as many people as possible realize that everyone can draw, and paint, when they have a sincere desire to do so, and develop their ability to see the way an artist sees. I know how to break the learning process down to the most basic steps, and teach so that those steps are easy to understand. I hope to "see" you in one of my courses.

Wishing you a joyful journey in art,

Kim Victoria

All images are from my

How To Do Contour Drawing Class

Visit: www.KimVictoria.com

and choose classes from the menu

to learn more

